

Eat your foods before “use-by” date

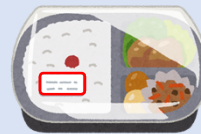
All foods sold here have their use-by dates.
Consume them by the specified dates!

- **Check the use-by dates for the grocery you buy!**

Printed on the top, bottom, or the
side of the container in the
order of YY/MM/DD or
YY/MM.

Specimen: See below
In the order of
YY/MM/DD

消費期限	21.12.1
消費期限	令和3年12月1日
賞味期限	2021.12.1



- **Finish them quickly once you open the containers!**

The use-by YY/MM/DD printed on containers are
set for unopened one.

- **Follow the instructions on how to preserve
your foods mentioned on containers!**

Pay attention to the foods that need
to be refrigerated and/or kept frozen.

Specimen: See below
Refrigerate · Keep frozen

「要冷蔵」
Refrigerate
「要冷凍」
Keep frozen

Nausea, vomiting, diarrhea, stomachache are among the food
poisoning symptoms. Please go see a doctor if you have them.

**Food & Life Hygiene Division
Department of Health & Welfare
Gunma Prefectural Government**